February 21st Presenter: Wendy Wray

Wendy Wray RN, BScN, MScN is the Director of the McGill University Health Center Women’s Healthy Heart Initiative (WHHI) which opened in 2009. Her professional experience includes CCU, pre-angiogram and angioplasty out-patient clinic and in 2000 developing a model of collaborative care in Cardiovascular Risk Management Prevention. Wendy is a Fellow and was the founder and past co-chair of the Montreal Chapter of the Preventive Cardiovascular Nurses Association. She is a member of the Canadian Women’s Heart Health Alliance Advocacy Working Group and is also the recipient of the 2017 Sara Louise King award for Cardiology Research, the Senate of Canada 150 Bronze Medal and the 2017 MUHC Foundation Healthcare Professional of the Year Award.

The Mc Gill University Health Center (MUHC) Women’s Healthy Heart Initiative (WHHI).

In 2009 a unique prevention program for women opened it doors at the MUHC. Founded by Cardiac Nurse Clinician Wendy Wray the WHHI is the first Nurse-Led clinic for women and heart disease (HD) prevention in Quebec and Canada. The WHHI’s mission is increasing the awareness of women’s risk of HD and empowering women to improve their heart health by managing modifiable HD risks such as high blood pressure, elevated cholesterol, avoiding diabetes and obesity, smoking and physical inactivity . To date there are over 850 women enrolled in the project.